

## Sexuality does not expire

In most cultures it is said that "love is born in spring", perhaps referring to the flowering of this stage of life, where it is estimated that all functions of both men and women are in optimal conditions. The right to enjoyment, satisfaction and sexual gratification are elements that start from the recognition that every person has the right to feel pleasure, to enjoy his or her sexuality. It implies that all people have the right to live their sexuality at any stage of their lives.

It must be recognized that a person's sexual universe is constantly expanding, which allows for an adaptation according to his or her integral functioning, in accordance with his or her evolutionary stage. That said, very particular conditions emerge where nature provides both men and women with the full enjoyment of their sexual capacity from birth to the last breath of life.

It is important to understand that in this evolution, it is important to understand that at no time is the capacity of pleasure lost as one of the inherent aspects of sexuality, it is always present as the subtle delight that allows the emancipation of that libidinous energy in search of gratification and even though, it cannot be ignored that the sexuality of the human being is not always present, it is always present as the subtle delight that allows the emancipation of that libidinous energy in search of gratification, it cannot be ignored that youth is a time of (re) discovery of this sexuality, but it is constructed in the course of life, it is part of the personal history of each individual woven by interpersonal relationships, the environment, culture and their contact with the ideology of worldviews. It is in this sense that pleasure is not only constructed in the biological dimension, but mainly in the imaginary. Sexuality is not only in the plane of the palpable, but also in the discourse that sustains it (Foucault, 2014, p. 24).

In the same line of reasoning, it is emphasized that sexuality in youth is explored with the impetus of the body and overflowing energy, where genitality is the compass that guides the desire impregnated with character and creative forms of coital interactions. A sexuality is practiced where an overwhelming force called infatuation emerges that permeates all dimensions of the human being and initiates you in the battle between the emotional and the rational. It is prudent to note that, during this stage, sexuality is also related to reproduction, which implies the valuation of responsible planning methods. These considerations make it evident that an impetuous sexuality is prioritized, where corporeality is valued and influenced to a great extent by stereotypes of perfect measurements. Nevertheless, it is recognized that the arrival of the third age marks the dilemma of a balanced and rational lifestyle, where the need for a calm company emerges that makes possible the understanding of the changes of the body; that is to say, the reality that comments the mirror of the figure.

Even so, the possibility of loving is not lost and relationships arise at this stage that become an elixir of life, where the REPAIRING CAPACITY emerges from its ashes and arises, in the human being, to regain strength and pay attention to the ailments of age, with the aim of perpetuating their sex life. That repairing capacity, waits in fine calm and only makes its debut at the precise moment of asking life to extend even more its existence to enjoy the delight of company and love; the functions of the brain deteriorate with the passing of the years, the affective capacity that emanates from the hypothalamus as the organ of affection does not lose its validity, that is to say, people until the last moment of life can taste the elixir of love.

In light of the above, it is pertinent to quote the writer, Gabriel García Márquez, in his work *Love in the Time of Cholera*. Fermina Daza and Florentino Ariza, looked at each other and saw in each other's eyes a spring frost, an invincible domain, their undaunted love... that love kept for so many years and that suddenly moves them with all the ailments to this moment, but that drives them to feel alive and with overflowing pleasure in their wrinkled bodies... (Márquez, p. 188). Undoubtedly, anthropology throws new paradigms regarding autumnal relationships, which are no longer conceived as the S.O.S., of the body in eagerness of rebirth, it is also the establishment of bonds of affective solidity forgetting the social stigma of framing these relationships in absurd



pathologies that run over the charming possibilities of loving and having a healthy sexual life until the last breath of life.

Once the decision is made to share a space with that person, all that REPAIRING CAPACITY of hormones that apparently dormant emerge after some years of disuse and only with an order from the brain activate the function of feeling. During this age sexuality is conceived and practiced in a different way, perhaps the frequency of bodily encounters is less and the intention of gratification is not concentrated so much in genitality, but in communication and affection. That is to say, there is an evolution of sexuality, there is much more intimacy and bonding, with the libidinal dimension of the flesh taking a back seat, of course, the pharmaceutical trade needs to feed this desire of the flesh, so that its blue diamonds are the protagonists of this encounter.

Now, what about the gender perspective that is given to these relationships, where the ladies bear the worst part, because the aging female figure loses before society its erotic charm; situation that if analyzed becomes illogical, the gentleman may present more difficulty for erection. women on the contrary with a lubricant save their vaginal dryness.

The above mentioned, allows us to conclude that the pleasurable sensations that make up the sexual multiverse, are a fundamental part of the quality of life of every human being, feeling gratified and loved, generates a whole balance that contributes to happiness; it is then, the obligation of every human being, to assume a responsible sexuality, based on the statement: **That sexuality has no expiration date and is perpetuated until the last moment of life.**

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